

## Summer Fasting has virtue over Winter Fasting

Explained by Shaykh Fawzan

**Question:** May Allah treat you well, and may Allah bless you. Noble Shaykh the sister says: 'Is the reward for fasting in the summer and fasting in the winter the same?'

**Shaykh Fawzan:** No doubt; there is a reward for fasting whether it is in the winter or the summer as long as the intention of the fasting person is correct and they have sincerity towards Allah the Exalted. But if they face difficulty during their fast, such as thirst, hunger or severe heat then the reward is more, because they were patient upon obedience and they were patient with the difficulty. Thus their reward will be more.

Translated by Rasheed ibn Estes Barbee